

Gwinganna

Lifestyle Retreat

192 Syndicate Road
Tallebudgera Qld 4228
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www.gwinganna.com

This is a once in a lifetime opportunity to become part of an exceptional team of dedicated, highly-skilled professionals who ensure that every guest has their individual needs met. This is a unique experience for someone seeking a career in Tourism, Health, Nutrition, Human Movement, or Management.

Whether you are studying, considering a career change or looking for a challenge, Gwinganna's work experience program gives you the opportunity to gain insight into a retreat environment.

The Program

Applicants can choose between

Option 1: commit to a stay between 2-4 weeks
or alternatively

Option 2: commit to a 5 week program to receive a Gwinganna Lifestyle Retreat guest program at no charge in the 6th week.

The Opportunity

- Gain experience in a broad range of departments including Office, Kitchen, Housekeeping, Maintenance, Lifestyle, Organic Garden and Activities program
- Single room accommodation (twin-sharing a bathroom) on site with daily gourmet organic meals provided
- Working along side the most respected professionals in the industry who are committed to health and wellbeing
- Full access to all retreat facilities
- 2 days off per week
- Written reference subject to achieving predetermined performance criteria
- For the full 5 week period a complimentary guest program within the week directly following your Work Experience program

Your Requirements

- A positive energetic outlook with commitment to our guests needs at all times
- Good communication and people skills
- Adherence to the rules of the property (no alcohol, nicotine, recreational drugs)
- Willing to put in around 8hrs a day of varying degrees of work (from menial to challenging)

Application

Please complete the application form below and return with a cover letter*, a current copy of your resume and a passport size photo to:

Work Experience

Gwinganna Lifestyle Retreat

PO Box 387

West Burleigh Qld 4219

Australia

*Your cover letter should also detail the following:

1. Why did you choose Gwinganna Lifestyle Retreat?
2. Why should Gwinganna choose you?
3. What are your plans for the next 5 years?



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APPLICATION FORM

NAME: _____

ADDRESS: _____

EMAIL: _____

PHONE: _____

CONTACT PERSON: _____

RELATIONSHIP: _____

PHONE NUMBER: _____

I choose option 1 () option 2 ()

What are your preferred dates for the work experience program?
(Please list in order of preference)

1. _____

2. _____

3. _____

What are your areas of interest at Gwinganna Lifestyle Retreat? _____

What do you hope to gain from the Work Experience program at Gwinganna? _____

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Are you currently studying or do you have any qualifications? _____

Do you have a first aid certificate? Yes () No ()

Do you have any specific dietary requirements? _____

Please attach your complete medical history with this application form. If you are successful you will be notified by phone and in writing.

The finer points:

- Gwinganna Lifestyle Retreat reserves the right to cancel involvement in the work experience program for any reason that is deemed inappropriate, before or during the agreed dates. Excess costs for transfers and airfares will be the responsibility of the applicant in the event of early departure.
- There will be no exchange of money between Gwinganna and work experience participants.
- All flights and transfers to and from the retreat are the responsibility of the work experience applicant.
- Work experience applicants will be required to sign a disclaimer upon arrival at Gwinganna Lifestyle Retreat.
- Gwinganna Lifestyle Retreat requires that any applicant disclose any medical or psychological condition/s that may affect their involvement in the work experience program.

I agree to the above specifications and apply for a position in the work experience program at Gwinganna Lifestyle Retreat.

Signed: _____ Date: ____/ ____/

Print Name: _____